

## Digit Widget - left hand cuff instructions

Place the cuff around the hand and try to keep it up high on the back of the hand.



Wrap the straps around the thumb tucking the "v" end of the cuff under the straps.



1. The edge of the cuff should be directly over the MCP joint on the back of the hand.
2. The MP strap holds the MP joint in flexion to focus torque at the PIP.
3. Placing the tab at the distal edge of the cuff over the knuckle of the affected finger will keep the torque at the PIP joint.

